



PARTICIPANT'S BOOKLET

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CEASE



STUDY GUIDE STREAMING VIDEO

REPLACING THE GOSPEL OF
SELF-IMPROVEMENT WITH THE
GOSPEL OF LIFE-TRANSFORMING GRACE



RUTH CHOU SIMONS



WOMEN'S DISCUSSION GROUPS SUMMER 2024

Tuesday Mornings

June 11 – July 23
(No meeting on July 2)
9:30 – 11:30 AM



Wednesday Evenings

June 12 – July 24
(No meeting on July 3)
6:30 – 8:30 PM



Summer Session meets in Connect Center
Room 2 located at 2400 Yamato Road.

Childcare on Tuesday mornings is in the
SRC Kids Building.



CLASS SCHEDULE

JUNE 11/12

Session 1: Favor You Cannot Earn

We will watch Session 1 Video together.
Groups will discuss Session 1 Video.
Questions on page 11.

JUNE 18/19

Session 2: Costly, But Free

We will watch Session 2 Video together.
Groups will discuss Session 2 Video.
Questions on page 38.

JUNE 25/26

Session 3: Released from Shame

We will watch Session 3 Video together.
Groups will discuss Session 3 Video.
Questions on page 65.

JULY 2/3

No Class This Week

JULY 9/10

Session 4: Completely Changed

We will watch Session 4 Video together.
Groups will discuss Session 4 Video.
Questions on page 97.

MAY 7/8

Session 5: Freed to Do Good

We will watch Session 5 Video together.
Groups will discuss Session 5 Video.
Questions on page 123.

MAY 14/15

Session 6: Wanting God's Story

We will watch Session 6 Video together.
Groups will discuss Session 6 Video.
Questions on page 149.

Videos are available through the access code on the inside of the front cover of your study guide.



SMALL GROUP COVENANT

...in Christ we who are many form one body.. (Romans 12:5)

Welcome to Women's LifeGroups. The PURPOSE of our meeting in small groups is to establish a safe and caring environment where we can develop friendships and experience personal, as well as interpersonal, growth through teaching, learning, prayer and fellowship.

As part of our commitment to this group, we will agree to the following:

PRIORITY

To give priority to attending the weekly group meetings; to make every effort to complete the homework assignments.

PARTICIPATION

To share responsibility for the group and to assist the group leader. "We are in this together."

We will each help with tasks that need to be done within our group. We will pray for each other.

RESPECT

To encourage and respect each other. Everyone has something important to contribute; everyone participates; no one dominates.

There are no "dumb" questions.

ACCESSIBILITY

To give each other permission to call upon one another in time of need – even in the middle of the night.

ASSISTANT LEADERS

To strive to identify and help develop assistant leaders in our group.

CONFIDENTIALITY

To keep anything that is said strictly confidential.

OPEN CHAIR

To keep an open chair available for others; to reach out to other women who need to become part of this place of caring.

...let us consider how we may spur one another on toward love and good deeds. Let us not give up meeting together... let us encourage one another... (Hebrews 10:24-25)

PRAYERS TO RECEIVE CHRIST

(EXAMPLES)

If you would like to accept the free gift of eternal life, you can acknowledge Christ as your Savior and receive Him into your heart right now by praying a simple prayer. Your prayer does not need to be long, complicated or elaborate. It only needs to be sincere.

1 Lord Jesus, I realize I am a sinner and that I am powerless to save myself. I acknowledge that You are the Son of God and You have already paid the debt for my sins. I realize that You died for me. You accepted the punishment for every single one of my sins (past sins, present sins and future sins) when You hung upon the cross.

I accept the gift of eternal life offered to me through your sacrificial death. Come into my heart and dwell in me, Jesus. Wash me clean. Thank you, God, in advance that You will never leave me or forsake me.
I am Yours forever.

In Jesus' name I pray, Amen.

2 Lord Jesus, I need you. Thank you for dying on the cross for my sins. I open my heart and receive you as my Savior and Lord. Thank you for forgiving my sins and giving me eternal life. Take control of the throne of my life. Make me the kind of person you want me to be.

In Jesus' name I pray, Amen.

If at some point in your life you sincerely prayed to receive Christ as your Savior, but you still doubt if you are a child of God. Pray something like this:

3 God, You have said, "to all who receive Jesus, to those who believe in His Name, He gives the right to become children of God." I have opened my heart, invited Jesus to come and live within me, and I believe by faith based on Your Word that I have received Him. I believe He is the Lord Jesus Christ, with all that is implied by His Name. Therefore, based on Your own Word, by faith I am claiming my rights.

And right now, by faith, I want to thank You that I am Your child.

In Jesus' name I pray, Amen.

TRUTH STATEMENTS

- You can't earn a free gift.
- Treasuring Christ is our goal.
- Redemption secures our belonging as beloved.
- Grace is the antidote to shame.
- "Better" is a never-ending trap that can't save you.
- Grace allows us to experience peace.
- You have nothing to prove when your identity is in Christ.
- Good works are only as fruitful as we are deeply rooted in grace.
- You have been given more than enough.



PRAYER REQUESTS

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